

The President's Message



We're getting close....

We are only a few short days away from Sugar Plum Festival. Here are my two big questions fellow my Altrusans:

1) **Committee and Task force Chairs**, do you have all the people you need for all the jobs that need doing?

-If not, please feel free to use the email blasts to get the word out about

what you are still needing in the way of workers or materials

-Ask for help, don't let yourselves get overwhelmed, this is a big fundraiser however, the first three letters of that word are "FUN" so we need to all be able to enjoy our work a little too!

2) **Members**, have you **ALL** committed yourself up to help work this event in someway?

-If not, look at who is serving as Committee Chairs and go to them and see what they need and how you can serve.

-All of you bring your own special gifts and talents to our club, think about what you can do and don't wait to be invited to do it -- VOLUNTEER YOUR SERVICES! This is no time for "shrinking violets"!

I'd like to take this opportunity to applaud the new members who have never been through a Sugar Plum Festival for how they have stepped up to help out.; many of them in roles they've never had before.

And senior Altrusans, you deserve a hand as well. I see you being tireless workers and wonderful mentors. You're being great examples for new members.

Great team work as always! Thank you for all you do!

Jo Rosenquist, President

ALTRUSA PRESENTS A DAVID MANGUM'S SCHOLARSHIP TO DHS



On October 24th, Altrusa International of Delta presented two scholarships to Delta High School. David Mangum moved to Delta when he was 10 years old and later on, his family owned the John Deer Implement business. David was very active in Altrusa at the local, District and International levels serving in various officer positions prior to his passing this last April. David was so committed to Altrusa that in his Will, he designated money to this organization. It was decided that a David Mangum Memorial Fund would be established where many of the Altrusa members donated monies as well. A committee was formed to decide where the money should go and because of David's passion for music, being a musician playing the organ and singing in his church's choir for many years as well as acting in local theater productions, it was agreed that the funds

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November Birthdays!

Dianne Sales - 5th
Jan Pappas - 9th
Demeris York - 15th
Kelly Harrison - 17th
Cheryl Cumnock - 19th



Service Committee Report

Service Committee met on October 29 at Thompson Manor. In attendance were Cindy Hansen, Crystal Hansen, Vicki Ripp, Lisa Pinel, Cindy Lonis, Jo Rosenquist, Demeris York, Amanda Twamley, and Karen Basher. Update reports were given on the Books For Africa, Make a Difference Day project, Abraham Connection, and the Mangum Memorial. Lisa reported on progress for the SPF Book Fair. It was decided to wait until after Sugar Plum to decide where to donate the table top books. Extra helpers will be needed to collect and wash tablecloths after the Book Fair. Reports itemizing how the El Pomar grant monies are being used should be turned in to Jo so she can write the final project report to the El Pomar Foundation. The Food Pantry calendar will be sent out by e-mail as a reminder to those who signed up to help. Food items are always needed for the "extras shelf". The next Service Committee meeting will be November 25 at 6:15.

Submitted by: Crystal Hansen, Chair

ASTRA

The ASTRA Advisors met on Friday, November 2 to discuss upcoming events, as well as ASTRA in general. A new ASTRA Advisors' Guide will soon be coming out from international and the advisors of our clubs are getting a sneak preview to be able to give input about it. They will meet again on Friday, December 7th at 10 AM at Doghouse Espresso on Main Street in Delta. All are welcome to join this meeting.

DOS ASTRA had their first meeting of the year on Wednesday, October 24th at 3:30 PM. The members discussed upcoming events they would like to be a part of which included the Lil Boo Bash on Halloween, assisting the Abraham Connection with perhaps a glove drive again this year, supporting the Food Pantry with re-stocking of their shelves, hopefully Adopting Grandparents at Willow Tree, along with their ongoing Food For Thought Program. DOS members will be helping Altrusa with Sugar Plum Festival again this year by lending their hands, strength, and energy during set up and decorating on Friday. Their next ASTRA meeting will be Wednesday, November 14 at 3:30 PM at DOS. Contact JoAnn DiBitonto or Renee Traczyk with any questions about DOS ASTRA.

CHS ASTRA met on Thursday, November 1 with Mrs. Kendrick as their guest speaker telling the membership about the Sugar Plum Festival, and how the ASTRA Members can help. The members decided to check coats on Friday night, and will help with set up and serving of the luncheon on Saturday. Other upcoming projects that the ASTRA members have planned is the 10th Annual Day-Before-Thanksgiving Day Bake Sale at Wal Mart, helping Hospice decorate their Delta office, as well as a Christmas Family Gathering for ASTRA members and their families and inviting Altrusa members and their families on December 16 from 2 to 4 PM. CHS ASTRA's next meeting will be Thursday, December 6th at 6:00 PM in the CHS library. Contact Marilyn Smith or Amanda Twamley with any questions about CHS ASTRA.

Delta ASTRA met on Tuesday, October 9th with 5 brand new, freshman faces as a result of the membership recruitment drive during Club Days at DHS. Mrs. Sales was the guest speaker for the meeting telling how the ASTRA members could be of help at the Lil Boo Bash on Halloween, as well as the Daddy/Daughter Dance on November 10th. On October 16 five members toured the Dolphin House in Montrose learning all about how the facility meets the needs of the abused and neglected youth of the 7th Judicial District. Upcoming events for Delta ASTRA include, Sugar Plum Festival, cooking for the Abraham Connection, Bake Sale, decorating Hospice office, and the Christmas Family Gathering on December 16th. Their next meeting will be Tuesday, November 13th at 6:00 PM in the Community Room at the Delta Public Library. Contact Angela Ownbey or Amanda Twamley with any questions about Delta ASTRA.

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CLUB DATES:

**November 16th &
17th -
Sugar Plum Festival**

**December 12th -
Christmas Party**

Monthly Business Meeting

Date: October 10, 2012
Call to Order 12:01
Collect & Pledge

Introduction of Guests: Patricia (mother-in-law to Kathy) and Renee Traczyk (Vicki's guest) Members: 34

Changes/Additions to Agenda: Nancy Hovde stated that October 9th was World Food Day and presented Jo Rosenquist and others "Gummy worms" to eat.

Jeanie Brown asked to speak about Abraham Connection stating that there will be a special training secessions for anyone that wishes to do six hour shifts during the night. One would be on October 27th in the Methodist Church basement.

Sign Up Sheets: Book Fair (multiple pages), Final Book sorting, Appetizers for Friday Night SPF or \$30 checks, Food Bank, Friday night Servers, Make a Difference Day (MADD), Shirts & name tags, Abraham Connection

Minutes of Business Meeting: Approve as presented

Correspondence: Paonia High School 2013 Grad Night

Treasurer's Report: Operation - \$2,803.43 Service - \$10,520.45

Accent: Karen talked about Altrusa Ideals and how they relate to country and community activities.

The following was presented by the board:

1. It was seconded by Barb Bullard by the membership to approve the shirts as presented at a member cost of \$25. The motion passed.

2. It was seconded by Nancy Stevens by the membership to underwrite a portion of the cost of name tags with the new logo for current members as follows:

- \$4.50 of the \$8.50 name tag with a pin back -- member cost \$4.00

- \$5.25 of the \$10.25 name tag with the magnet back -- member cost \$5.00

Funds are to be moved from Comm. #809 and Membership social #819 to cover portion of costs.

The motion passed.

Committee Reports:

ASTRA : Talked about Make a Difference Day. How where needs to be a 100% participation and how to do it.

Finance: Vickie reported that Sugar Plum was well on its way. Liz and Karen had the table tickets available today and there were still nine tables available to be set. Mary had Friday Night tickets.

Membership: Merna reported that she was excited to have the shirts and pins all decided.

Rusty Gavels: Nancy reminded everyone to eat your worms.

Service: Vicki said that when sorting books there were several boxes of the same book and are asking for a donation if one take one home. The books are going to be sorted on Friday, October 12 at 8:30 am. The books for Africa will be put on pallets and SPF books will boxed for moving. Service won the Food for Thought contest. The David Fund Committee decided to donate \$1,700 to the Delta High School Choir and \$3,400 to the DHS Band. The money will be given in November. Renee will have a sign up sheet for working on the bank kiosk soon. Next meeting will be Oct. 29 at the Thompson Center at 6:15.

Reminders:

Please be sure to complete a voucher and have your Committee Chair sign off on any funds you spend so they can track where they are with their budgets

Service hours need to be sent to Barbara Bullard.

Onions & Orchids were shared.

Drawing: Sunny Howland won the drawing \$16 and gave it back.

Benediction

Adjourn: 12:46

Submitted by Secretary: Daphne Harding

MEMBERSHIP COMMITTEE REPORT

The Membership Committee is excited about our new nametags and shirts. The nametags are completed and will be distributed at the next meetings. We are working on getting a ribbon for our new name tags so we will have a place to put our pins. The shirts have been ordered and will be ready before Sugar Plum.

The Christmas party will be December 12th at the Oncology Building behind the Hospital. Cocktails will be at 5:30 and dinner at 6:30 pm. We will be honoring Jo Gore with Emeritus Status and a short program. We will have our usual ornament exchange. Bring one ornament to exchange and come ready to have a good time. Members cost is \$10.00 for the dinner, with the club picking up the other \$5.00 The fee for guests will be \$15.00. Nancy will have a signup sheet at our next meeting so Juan from CJs will have a count for the dinner.

Elaine Lang is a returning member and Rene'e Traczyk is soon to be initiated as a new member.

Helen Jurca is pleased with how the members are keeping her informed about the Courtesy needs of our club. She continues to send out birthday cards and others as the need arises.

Submitted by: Merna Ray, Chair

Make A Difference Day

This year's Make A Difference Day's project was supporting the Backpack Early Learning Academy in their celebration of 20 years of the Backpack program. The Backpack Program started in 1992 in recognition of parents being a child's first and most important teacher. Themed totes of educational materials are signed out by preschool-aged children for 3-5 weeks to be used at home with their families. Over the 20 years of this program it has grown to support over 600 families throughout Delta County with the program's 56 various themed totes.

To show our support of this program and all that it has done to provide strong readers in our community Altrusa had a table at which those who joined in the day's celebration could make and fill a Goody Bag of treats.... a fun school supply item, (donated by WalMart) a snack item (donated by Altrusans) and an *Altrusa: Read for Life* bookmark, all of which was put into a paper sack that already had a design on it, or which they decorated themselves with markers and stickers that were donated by Altrusans. Also, a card with greetings from Altrusa members was given to BELA for them to display at their facility.

Extra school supply and snack items were divided and given to BELA to use in their backpacks and/or classrooms, and also to the city to support their Lil Boo Bash which promotes a fun and safe environment for families with small children to celebrate Halloween. Of Altrusa's 67 members 60 participated in this project giving us a 90% participation rate helping over 800 people with over 40 cumulative hours of service for this project.

Submitted by: Amanda Twamley, Chair

El Pomar Grant and It's Impact on Literacy

El Pomar Grant monies are being used to help fund the following projects. 1. Each year, as part of Altrusa's focus on literacy, a children's board book is given out to each infant born at the Delta Memorial Hospital. Through this ongoing "Baby First Books" project, approximately 360 books are distributed each year, with the El Pomar Grant being used to fund \$1,350 for 2012-13 books. 2. \$750 was directed towards a special education literacy program entitled "High Interest Low Readability Literacy Project". This program is geared towards middle school students who are currently reading far below their grade level. Grant money was used to purchase reading materials, student packets, and teacher guides especially designed to engage interest and motivate progress in reading success and learning. 3. The balance of the El Pomar Grant money is being used to purchase coloring books and crayons given out in conjunction with another ongoing Altrusa project. Delta Hospital, House of Promise, Dolphin House, Haven House, Families Plus, Tri-County Resource Center, and Abraham Connection are recipients of coloring books and crayons to hand out to the children they are involved with in their various capacities.

Written by: Crystal Hansen

Board

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Committee Meetings

The Board meets on the first Wednesday of the month at Noon at the First Methodist Church Board Room. **Dec. 5th**

Service Committee meets the last Monday of each month at 6:15 p.m. at the Thompson Manor Meeting Room. **Nov. 26th**

Finance Committee meets on the Monday prior to the Board meeting at Noon at the Colorado First Bank. **Dec. 3rd**

Membership Committee has been meeting the Tuesday prior to the Board meeting at Noon at the Library. **Dec. 4th**

Important Dates:

February 20th World Day of Social Justice
March 8th International Woman's Day
April 7th World Health Day
May 15th International Day of Families
August 12th International Youth Day
September 8th International Literacy Day
September 21st International Day of Peace
October 16th World Food Day
October 24th United Nations Day
November 25th International Day for the Elimination of Violence against Women
December 10th Human Rights Day

Finance Committee Report

The Finance Committee met October 10, 2012

Sugar Plum Reports:

Friday Night: Nancy Stevens, Chocolate Fountain Debbie Atchley

Nancy reported needing 3 more servers for Friday night, with sign up sheets to be at the program meeting. Debbie will get the chocolate and supplies for the fountain.

Tables: Liz Quintana, Karen Benson

Liz reported needing 5 table hosts and we have a waiting list of 21 or so.

Money and ticket stubs need to be returned to Liz by the 1st.

Food: Cindy Lonis

There is a tasting scheduled and Cindy will have the timeline in place.

Decorations: Lisa Tafoya, Teri Stephenson

Product is here and the cut outs are ready, Cindy Hansen offered to make the kites and the rest of the committee is hard at work making fun, cute décor.

Vendors: Nancy Hovde, Barbara Breitnauer—12 Vendors have been chosen and have paid

Bars: Vicki Ripp—We have the liquor license. And she will order the wine and bands.

Book Fair: Lisa Pintel—We have a a ton of books and Jeff Burch will be signing and selling his book in the book fair.

Sponsors: Barbara Bullard—Community sponsors are as follows: Alpine Bank, \$1,000, Hellman Chevy, \$200, Oxbow Mining, \$250, Delta Bank, \$250. Hellman Motors, \$250, Walmart, \$500. Delta Hardware, \$150, DMEA Touchstone Energy, \$500.

Entertainment David and Tamara Hause, Show Choir—Show Choir has been asked to perform During the fashion show.

Fashion Show: Thelma and Laura—Under control

Drawings: Rusty Gavels

Next Meeting: November 5th 12 noon at the Bank

Submitted by: Barbara Bullard, Finance Chair

SUGAR PLUM FESTIVAL—CALL TO ACTION!

Calling All Altrusans! Help is needed! Please, if you have not volunteered yet, Cindy and Nancy need you!

Please contact Cindy Lonis to help at the Delta Middle School on Friday, November 16th from 2-4 PM.

Contact Info: : lonisjclonis@aol.com or call Cindy at 874-3759.

Please contact Nancy Stevens to help provide appetizers for Friday night and to serve, etc.!

Contact Info: Email: nancystevens@tds.net or phone: 872-3771 or Cell: 216-1525

Helen Jurca would like all Altrusans to let her know if there are any members needing assistance so we can show our concern with cards and to give our support.

BELA Make A Difference Day (And We Did!)



Dear Altrusa,

I just wanted to pass along our sincere thanks for having you and the Altrusa Ladies at the Backpack 20th Anniversary Celebration this past Saturday. You brought an amazing element to the booths we had that day and the supplies you donated to the Backpack and Preschool were a wonderful help. Your impact on this community is truly a generous one. Looking forward to a future adventure together again soon. Have a wonderful day!

Lisa Mock

Backpack Program Facilitator



Altrusa Supports Delta Opportunity School Food for Thought Program

Local Altrusa members, Barbara Breitnauer and Marilyn Smith presented a check for \$250 to Delta Opportunity School students along with boxes of food supplies to help with their ongoing Food For Thought Program. During the months of August and September, the Delta Altrusa organization collected food items through an internal competition between the group's four basic committees: Service, Communications, Finance, and Membership. The Service Committee topped the list by gathering the largest volume of goods, and all the supplies were then delivered to the DOS. Food For Thought has been serving students preschool through high school in the Delta schools for four years and Cedaredge Elementary for two years. It serves to support children whose families opt into the program for help with supplemental weekend food. Monetary donations are used to purchase food or to replace the backpacks used in the program.

October Program Meeting



Sheryl Hieber, Rene'e Eaton introduced Jeannie Mueller, PA-C, Speaker

This month's program was presented by Jeannie Mueller, PA-C of Surface Creek Family Practice on Type 2 Diabetes. Very informative discussion on symptoms, risk factors, tests and diagnosis as well as treatment. This is a serious topic we should all be well educated on. Without the right balance of glucose and insulin, your blood glucose rises. Despite this high blood glucose, your body's cells do not get the energy they need. To learn more, contact Jeannie at: 856-3146.

FOOD PANTRY NEWS!

Reminder there is a red folder in the desk with phone numbers of folks who can help if your partner does not show up for duty. Also, there is a phone in the Knights of Columbus room that can be used by dialing "9" first.

Please be sure to volunteer as your time is greatly appreciated by many!

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would go to the Delta High School music department. Andrew Bruington representing the Band Department received \$3,432 to go towards purchasing music, rental of instruments for students in need and repairing of instruments. Tambyr Reed representing the Choir department received \$1,716.00 to go toward purchasing music. The total received was \$5,148.00. It is a tribute to Mr. Mangum that his high school receive the money to contribute to his most favorite programs in music.