

The President's Message



Congratulations Fellow Altrusans!

Another very successful Altrusan event under our belts. A HUGE thank you to the whole committee who worked to put together the Add 'n Altrusan night. We had nine guests, several of whom are very interested in joining our club. And a very special thank you to our Task Force Chairs, Ann Eddins and Sunny Howland for organizing such a wonderful event. Sunny is a new member just this year and it's great to see our new members take up the challenges our club is presented.

On that note, thank you to Elaine Lang (remember her, just initiated-again, last month) for agreeing to help lead the efforts to provide the luncheon for the Delta Doves. For newer members who don't know, this luncheon is a fund raiser for the Delta Doves to help pay for mammograms for Delta County women who might not otherwise be able to afford them. Altrusa, buys, cooks and serves that luncheon as well as donating funds to the cause. You will see a sign up sheet for this event at the Business meeting, please consider what you may be able to do to make this event happen. Our own Altrusan Dorothy Dunfelder has run this event for many years, but due to a scheduling conflict with another community event, she and many other Altrusans are already committed. See, this community counts on Altrusa to make things happen.

While I know this can seem like a lot of work for us to do at times, I think there's no greater tribute to our club than the fact that we have come to be known and depended upon for the great work we do and contributions we make to our community! If I were coming up with a mission statement for any service club, I think that would about sum it up. As I began.....Congratulations Fellow Altrusans!!

As ever, thank you for all you do!

Jo Rosenquist, President

Come Check Us Out

The Nominating Committee made up of Demeris York, 1st Vice President, Merna Ray, 2nd Vice President and Nancy Stevens has met and officers for 2013-2014 have been identified. Their names will be presented to the board and membership at the February Board and Business meetings. They will be voted on at the March Business meeting. When the Nominating Committee met it was a fairly easy task to come up with people who want to serve. This year we had so many new members who want to get involved. Over and over each person we spoke with expressed an enthusiasm for the work Altrusa does in the community and how much they want to be a part of it. Be sure to come and thank them and show your support for their volunteerism.

Inside This Issue:

<i>President's Message</i>	1
<i>Nominations</i>	1
<i>February Birthdays</i>	1
<i>Service Committee</i>	2
<i>Membership Committee</i>	2
<i>District Conference</i>	2
<i>Business Mtg Report</i>	3
<i>ASTRA News</i>	4
<i>Guilt Free Altrusan</i>	4
<i>CORRECTION</i>	4

Delta Doves
March 2nd Luncheon
Volunteers Needed
Contact
Elaine Lang

February Birthdays!

Kathy Welt - 3rd
Debi Groda - 6th
Cindy Hansen - 10th
Charla Colson - 11th
Debbie Atchley - 18th
Gena Cooper - 24th
Elaine Martinez - 25th

SERVICE COMMITTEE REPORT

Service Committee met on January 28, 2013 with eight members attending. Janice Jones & Marilyn Smith will be task force chairs for Teacher Appreciation Day, this year to honor Delta Middle School teachers. The Friday before Spring Break, April 12, is our potential date. Details will be upcoming after a date is confirmed. – Jo has updated the GED grant application form to reflect the “use within 90 days” policy, adding our new logo and a line for the date of application. She will also add our tag line which is to be included on all Altrusa documents and correspondence. – We have received a request from Delta County Libraries for financial or other assistance for the Summer Reading Program. This item was tabled until we find out what we did last year for this program. – Food Pantry is in need of canned fruit and soups. Members can bring goods to any of our meetings. We will keep \$100 of the budgeted monies for Food Pantry to purchase the brown paper bags. The remainder will be split between the Delta and Cedaredge pantries. The checks will be sent out in February. – JoAnn gave a report on the DOS ASTRA group, now meeting on the 2nd & 4th Wednesdays. The students are currently working on Souper Bowl of Caring, a food drive to benefit the Food Pantry. They continue to help with the Backpack Program as an ongoing project. Special education students recently enjoyed the fun of a popcorn popping/eating party with the DOS ASTRA members. Coming up, a “Have A Heart” program will be presented to raise awareness about organ donation. Next Service Meeting will be Monday, February 25, at 5:30.

Submitted by Crystal Hansen, Service Chair

MEMBERSHIP COMMITTEE REPORT

The Membership Committee was very pleased with how the “Add an Altrusan” party was attended and the success we had in attracting new members to Altrusa. We had nine guests of whom five or six are interested in joining. Thanks to Sunny Howland and Ann Eddins for all the hard work they put into making this a great event and to the Membership Committee for providing the delicious soup.

We are planning an informal discussion and lunch for the ten new members who joined last year. We will talk about their experience with our Delta Altrusa Club. It will be held April 17 at Thompson Manor at 12 noon. The members to be invited will be: Charla Colson, Jody Roeber, Regina Hines, Renee Traczyk, Elaine Lang, Cindy Hansen, Sunny Howland, Lucinda Stanley, Janice Jones and Nancy Holmes.

We are already starting to plan our Installation party on May the 22. It is always good friendship with Altrusans and good food by Juan from C & J’s Restaurant.

We discussed helping with the Delta Doves Luncheon on March 2. Many of us are signing up to help.

Submitted by: Merna Ray, Membership Chair



A great success at the Add an Altrusan Party with over 40 in attendance. Great soup, great cake and a great time had by all!

Officers:

Jo Rosenquist, President
874-9895 rykykijo@msn.com

Nancy Hovde, Rusty Gavel
856-6853 nhovde@tds.net

Demeris York, Vice President
874-6113 demerisyork@yahoo.com

Merna Ray, 2nd Vice President & Membership Chair
874-3995 mernalayray@gmail.com

Mary Dow, Treasurer
874-4274 mfdow@q.com

Cheryl Cumnock, Treas. Elect
874-0867 cumnock@q.com

Daphne Harding, Secretary
874-2722 tjdeharding@msn.com

Crystal Hansen, Service Chair
874-4593 bchansen@sopris.net

Karen Basher, Communications Chair
874-1788 kabasher49@gmail.com

Barbara Bullard, Finance Chair
234-6431 rubysfloral@aol.com

Vicki Ripp, Foundation Chair
874-5127 mvrripp@aol.com

For questions or corrections to this Newsletter, please contact:

Jo Rosenquist, President
874-9895 rykykijo@msn.com

or

Lucinda Stanley, Editor
986-4200 lucinda@grandmesacre.com



Mark Your Calendars!
May 22nd
Installation Dinner
And
Celebration!

BUSINESS MEETING REPORT

January 9, 2013

Call to Order: 12:00 p.m.

Collect

Pledge

Introduction of Guests: None

Members Present:: 31

Changes/Additions to Agenda: None

Sign Up Sheets: Add an Altrusan and Food Pantry

Minutes of Business Meeting : Approved as presented.

Correspondence: Thank you from Families Plus; Happy Holidays from CO First National Bank; Thank you from Delta Opportunity School; Thank you from Correctional Center; and Christmas card from 1440 Image & Apparel.

Treasurer's Report: Operations = \$2088.00 and Service = \$26,206.57

Accent: Karen Basher read from "Personal Reflections" Altrusa District #3.

Board Action: None

Committee Reports

ASTRA: None

Communications: None

Finance: None

Foundation: Vicki Ripp reported she had sent the required reported and had confirmed receipt.

Membership: Add an Altrusan is on January 23, 2013. It is in lieu of the regular, lunch meeting that day. Blue ribbons for the name tags were also passed around for those who need them.

Rusty Gavel: None

Service: Crystal Hansen provided an update on the students who received their GED. She also indicated that we will plan a teacher appreciation again this year but the timing will be a little different than last year. More specifics will be available later in the spring. Crystal sent a form to the Dolphin House after receiving a request for funds. \$100 was donated to Partners for the bowling tournament fund raiser. Crystal also ordered a new supply of crayons as they are going through a lot of coloring books and crayons. There is a work day at the book barn on Sunday, 1/13/2013, from 1-3 p.m. so please dress warmly and stop by to help. Jo Ann Di Bitonto reported the DOS graduation was a big success. She thanked everyone who volunteered to help.

Unfinished Business: None

New Business

Nominating Committee for 2013-2014 Slate of Officers: Jo Rosenquist asked for volunteers so Merna Ray, Demeris York and Nancy Stevens offered to serve on the committee.

District Conference: May 3-5, 2013, in Roswell, NM. We will need to elect 4 Delegates and 4 Alternates at the February Business Meeting

Reminders: None

Onions & Orchids: Lots of fun stories about grandchildren were shared!

Drawing: Cheryl Cumnock won the drawing and elected to add the money to the David Mangum Memorial Fund.

Benediction

Adjourned: 12:37 p.m.

*Respectfully submitted,
Gena Cooper*

THE GUILT FREE ALTRUSAN

There's so much to be done, so much more that needs to be addressed, but only so much you can give. So you, the kindhearted and driven soul that you are, feel guilty. This sentiment was hardest for me to read in the survey results.

Understandably, guilt can creep up quite readily in this crowd especially. Sit down at any given meeting and there's an Altrusan who seems to have the energy of ten women on one side and some creative genius on the other. Meanwhile, you might be trying to juggle health, family, work, travel, church, etc., and are struggling just to make it to meetings. But remember that there are ebbs and flows in everyone's lives and those times are not for anyone to judge.

So if you've gotten the idea into your head that what you've got to give isn't good enough – stop. No one volunteers to feel guilty, and you sure in the heck don't need to pay \$95/year for it (in fact, frequently you can find it completely free of charge elsewhere). So fit us in where you can with whatever feels natural to you. We need all types of volunteers – from those that have the resources and/or inclination to make purchases to those that have the energy and health to get up and go. One form of giving is not any better than another, and no one is expecting 100% participation 100% of the time. Whatever and whenever you give, we're just happy you did it with us.

Written by: Heidi Imker, Co-President, Altrusa Int'l. Inc. of Champaign-Urbana IL, December 2012

ASTRA

A Recap of what ASTRA has done:

Bell Ringing for Salvation Army had 10 ASTRA members and 1 ASTRA parent and 7 Altrusans helping for the two days of ringing and gaining well over \$700 for the two days to help the Salvation Army help Delta County.

Over 400 luminaries were lit by 17 members of the CHS and Delta ASTRA Clubs for Taylor Funeral Service's annual Christmas Memorial Service.

Seats 'n Feets Challenge on December 16 had 6 Altrusans with 2 guests, and 11 ASTRA members with 8 guests in attendance. A total of 992 diapers and 141 pair of socks were donated to the Tri-County Resource Center by Altrusa and ASTRA. Altrusans gave a total of 614 diapers or 8.89 per member, and ASTRA gave a total of 378 diapers or 11.81 per member. As for socks Altrusans gave a total of 93 pair or 1.34 per member, and ASTRA gave a total of 48 pair or 1.5 per member.

Meals were made and served for the guests of **The Abraham Connection** by ASTRA members on December 18, January 14, and January 31.

DOS ASTRA continues to fill packs of food with their Food For Thought program.

DOS ASTRA had a popcorn party with the special needs students at Lincoln Elem.

Delta ASTRA members made 4 batches of chocolate chip cookies, portioned them into cookies, and will be deliver them to the **Dolphin House** in Montrose during school break in February.

DOS ASTRA is in the midst of a Souper Bowl challenge to collect food for the Food Pantry.

CHS ASTRA has received confirmation that they have officially **adopted** a section of **Highway 65**, from mile marker 2 to mile marker 4. They plan to do a clean up in April for Earth Day and again in September after summer traffic.

Next Delta ASTRA meeting - Tuesday, **February 5th** (because of break)

Next CHS ASTRA meeting - Thursday, **February 7th**

DOS ASTRA now meets on the **2nd and 4th Wednesdays**

Submitted by: Amanda Twamley, Chair

Board

&

Committee Meetings

The Board meets on the first Wednesday of the month at Noon at the First Methodist Church Board Room. **Mar. 6th**

Service Committee meets the last Monday of each month at 6:15 p.m. at the Thompson Manor Meeting Room. **Feb. 25th**

Finance Committee meets on the Monday prior to the Board meeting at Noon at the Colorado First Bank. **Mar. 4th**

Membership Committee has been meeting the Tuesday prior to the Board meeting at Noon at the Library. **Mar. 5th**



Pictured: Vicki Ripp, Rene'e Trayczyk, Thelma Starner, Elaine Lang, Phyllis Goad & Linda Sorenson

CORRECTION:

Rene'e Trayczyk was the new member and Elaine Lang was reinstated into the Club.